IN THE KITCHEN WITH NONNA

Nonna Joyce's Homemade Chicken Noodle Soup

Family. Food. Tradition.

Ingredients

- 2 boneless, skinless chicken breasts
- 8 cups fat-free chicken stock
- 4 stalks celery, chopped
- 4 carrots, peeled and chopped
- 1 onion, chopped
- 1/4 teaspoon Italian seasoning
- 1/2 teaspoon minced garlic
- 1/2 teaspoon salt
- 1/2 teaspoon pepper
- 2 cups water
- 2 cups egg noodles or pasta

Instructions

1. Place chicken, chicken stock, celery, carrots, and onion in a large pot.

2. Simmer for approximately 20-30 minutes, until the chicken is cooked through (165°F internally).

3. Remove the chicken and shred it.

4. Add Italian seasoning, garlic, salt, pepper, and water to the pot.

5. Bring to a boil and add the noodles. Cook until tender.

6. Return shredded chicken to the pot and heat through.

7. Serve warm and enjoy!